

## **Listening to Tynedale Talking Newspaper with an Audio player and a Memory Stick.**

### **How does the Memory Stick come to you?**

Every week, usually a Friday or Saturday, the memory stick will arrive by post in a yellow or red wallet.

### **How do you listen to the paper?**

You insert the memory stick into the slot on the top of the audio player. Make sure the orange button on the stick is facing the orange button on the player.

### **How do you switch the player on and off?**

Use the big yellow knob at the front. A very small blue light comes on when it is charged. A red light comes on when the battery is low.

Switch the player off when you are not using it. Turn the knob to the left and listen for the click. The light will go off.

### **What are the yellow buttons for?**

The middle button plays the recording or pauses it.

The triangular buttons move the recording forwards (if you don't want to listen to the article)

or backwards (if you want to listen to an article again).

The round button near the memory stick takes you back to the beginning of the recording

### **How many articles are there?**

There are usually between 20-30 articles. There is a different speaker for each track or article. The first track is always the weather, followed by the main news story and family announcements.

There is Hextol, Looking Back, the Letters, farming and sports articles.

You can 'skip' a track if you don't want to listen by pressing the forward button.

### **Is there always a Tynedale Talking Magazine or The Northumbrian to listen to after the Courant?**

Yes. They alternate every 4/5 weeks.

### **How do you return the Memory Stick?**

Take out the label on the front of the wallet and turn it over so that the TTN address is showing. Put the memory stick in the wallet and press the Velcro fastening. Post the wallet or ask a friend or carer to do so. There is no postage to pay.

It is **FREE** to send back to us.

## **How to charge the battery in the audio player.**

The audio player will need charging every 2 -3 hours of listening. After listening insert the charger into the slot at the back of the player and the plug into a socket. Switch on at the socket. It takes about 1-2 hours to charge the player.

Once charged, switch the charger off at the wall socket. Don't leave the charger switched on.

## **What to do if the player won't work?**

Check the battery.

Check the charger cable.

Or ask a friend or family to check for you.

If the player still won't work, phone the Registrars.

## **How to suspend (if you are going away) or stop receiving the Tynedale Talking Newspaper.**

Either put a note in the wallet and post it back to us or phone the Registrars on 07400 096937

## **How to return a player**

The player can be returned to Hexham Library or phone the Registrars 07400 096937 and they will arrange postage or collection.

## Using the player for other activities

You can ask friends or family to put your favourite music or messages on to a memory stick.

You can listen to **Talking Books from your local Library**. You may have to phone up and get your pin number. Then you can log on to the Library site and register with BorrowBox and RBdigital. Borrowbox has more books and RBdigital more magazines.

**The RNIB Talking Book Service** is online at [www.rnib.org.uk/Talking-books-service](http://www.rnib.org.uk/Talking-books-service) or via the Helpline on 0303 123 9999

There is also the charity **Calibre Audio** at [www.calibreaudio.org](http://www.calibreaudio.org) who will send out Talking Books by post to you on a memory stick. It is easy to join.

## Other Organisations that may be helpful.

**Glaucoma UK** at [www.glaucoma.uk](http://www.glaucoma.uk)

Tel: 01233 648 170 [Helpline@glaucoma.uk](mailto:Helpline@glaucoma.uk)

**Vision Northumberland** is a local charity which provides advice, equipment, support services to visually impaired people. It has a dedicated team of staff and 160 volunteers operating from a sensory hub in Morpeth.

Tel: 01670 514316

[www.vision-northumberland.org](http://www.vision-northumberland.org)

### **BID Northumberland County Council Service**

This county-wide service is specifically for adults with sensory issues such as visual impairments and/or hearing loss. It provides assessments of needs, rehabilitation, information and advice on welfare benefits and managing finances, housing support, aids and equipment, health and wellbeing advice and support.

Tel: 01670 293 150 Mobile: 07872 403788 Or  
email: [northumberland@bid.org.uk](mailto:northumberland@bid.org.uk)

**The Macular Society** at [www.macularsociety.org](http://www.macularsociety.org)

Helpline: 0300 3030 111

Local support groups in Tynedale, Alnwick, Whitley Bay, Carlisle, Newcastle.

## **RNIB Services North East**

Contact Hazel Hyland by email at

North TeamCommunityConnection@rnib.org.uk

Our Helpline is your direct line to the support, advice and products you may need from RNIB to remain independent. Call 0303 123 9999 or email helpline@rnib.org.uk. We are available from 8am to 8pm weekdays and Saturday from 9am to 1pm.

**Connect Radio** is for blind and partially sighted people and broadcasts 24 hours a day, seven days a week on Freeview Channel 730 and online at rnibconnectradio.org.uk.

## **The Blue Book, Northumberland**

Look in libraries, surgeries for this free blue booklet which lists many useful organisations and activities for older people in the region e.g. transport, social activities, support.

**Tynedale Talking Newspaper** is a local charity keeping people who cannot read print for whatever reason connected to their local community. It is 40 years old and run by 80+ volunteers. Contact via 07400 096937 or [www.ttnweb.uk](http://www.ttnweb.uk)